

Newsletter

Chronicles of

4th Edition - 3rd Quarter 2013



The month of August saw some Dads in the picture (DITP) working committee members embark on a spiritual and physical journey throughout the nine provinces, making contact with dads who share the same passion of DAD-hood. Thanks to BMW for the motorbikes and support vehicle, Thebe Investments for assisting with petrol funds, DSD Mpumalanga for setting up the forum and arranging accommodation, Southern Sun, Sun International, Tsogo Sun, Protea Hotels for accommodation and food, and Red Bull for the refreshments on the road.



We left on the 09th August from Johannesburg and travelled to Polokwane, Nelspruit, Durban, Port Elizabeth, Cape Town, Bloemfontein, Kuruman and Mahikeng and arrived back on the 22nd.

Our main interactions with the locals were in Tonga, Mpumalanga; where we formed new partnerships with LoveLife; the staff at the



Boardwalk hotel in Port Elizabeth, biker fathers in Cape Town, the mayor and speaker of Kuruman, thanks to Ntate Phudu and in Mahikeng with the local FAMSA offices,

the Chief of the Barolong, Kgosi Moroka, who commended us for the work we are doing. We are the fathers we want other fathers and our children to be. **Mr. Neo M. Matsunyane**



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DADS IN THE PICTURE



Where were the Dads...

Mpumalanga
Launch in
Mbombela
26th
July
'13



Limpopo Launch in Belabela

15th
Sep
'13



Soweto Picnic at ThokozaPark
25th Aug '13



Dear Father...what is up in your home!!

Your child's TV/Radio consumption disrupts sleeping pattern, affects school performance and increases the risk of obesity and diabetes, among others.



Try to...avoid TV/Radio in their bedroom it leads to you losing control of what and how much they are watching. If your child already has a TV in their bedrooms you might want to reconsider. Avoid having more than 1 TV set in the house.

Try not to...allow TV during dinner, eating in front of a TV leads to overeating 'cause they can't track how full they are. Use this time to understand your child, what they are up to, school work and what they need.

Try...setting up TV time slots, use TV guide to choose daily programs and stick to them. Additional shows outside your agreed time slot should be recorded for weekend viewing.



Join in with fun family games, reading books and helping them with school work.

Remember a child models their parent - SC Mbuli

Touring with the Dads!

The Dads in the Picture (DITP) National Tour to me was an eye opener.

When we left Jo'burg for Polokwane to me it was all about riding and fun, little did I know that it was going to be a life changing experience. We were in Mbombela where a couple of Dads shared experiences in their communities, when reality kicked in. I started to ask myself that as a member of DITP what difference am I making in my community.



I always thought I gave my children enough time but by the time we got to Durban and continue chatting with the different guys, I felt I should give more time to them and support my wife.

I also learn that working together as a team, nothing is impossible, as humans the pressure was getting the best of us. What kept us going was our love of our children and the fact that we wanted dads around all 9 provinces to take part in their children's lives.

It was a worthwhile tour, I learned about being a good man and will make sure that my son grows to be one, As well as mould my daughters into great women - **Victor Magoro**



Who we spoke

Upcoming Events...

Radio Interview

to... MotswedingFM 20th Aug
 KuraraFM 21st Aug
 LigwalagwalaFM 9th Sep



Newspaper Articles



FAMSA AGM 12th September '13

We were Invited to FAMSA's 52nd Annual General Meeting.



MAHIKENG

DITP Launch Picnic
 Sunday 13th October

PRETORIA

1st DITP AGM
 Saturday 19th October

DITP Year End Picnic
 Saturday 23th November

VENDA

DITP Summer Picnic
 Saturday 14th December



DADS IN THE PICTURE(NPO) is a member of FRONT PAGE FATHER MEDIA CAMPAIGN

AIM: To create awareness of the value of involved fathers and to empower men to be more involved in the lives of their children / families!

