Newsletter

3rd Edition ~ 2nd Quarter 2013

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The 1st Dad and Child Picnic & Camping took place @ Zwartkop Resort March 23rd



Winter **Picnic** With Dad was

@ Gilloolys Farm on May 26th!



As Fathers we are not aware of the common mistakes we make. One of these happens to be neglecting to spend time with our young ones. Surprisingly, fathers do not spend time with their children irrespective of whether they live with them under the same roof or not.

Take a few minutes to listen to your child, ask a question perhaps: 'how was your day? What do you like about your school? what do you want to be when you grow up? That alone assures them that you are interested in their well-being. Gadgets & toys are not enough to build a relationship. Take time to watch them playing sport, be it at school or at a local sports ground. Go watch their favourite movie with them, or favourite team playing at the stadium. Just balance what you enjoy with that which they enjoy. With teenagers, it is a different ball game. The biggest mistake you can make is to use words like 'when I was your age' or 'back in the days'. Remember times have changed and we

need to treat them like adults. You don't want to be "Hitler" in your own home ,but at the same time you are not your child's friend and you need to have a relationship where the

child feels free to talk to you about everything "which is not as easy as it sounds". Open that communication line at a very early stages of their lives so that when that time to talk about sex and dating comes you'll be able to. Remember the approach also differs when you talking to a teenage boy as opposed to a girl.

Basic Fathering Mistakes includes: 1. Because you taking your children to the best school and you buy them expensive toys/clothes does not excuse you from spending time with them. 2. You work long hours or you are out of town a lot >> a

phone call once in a while will do just fine and not only when you reprimand them, just call to check how they are doing. 3. Don't Loose your temper >> rather take time out to calm down then address the problem especially with teenagers. 4. Don't Bribe >> rather reach a compromise or a solution that will benefit both of you. 5. Limit physical punishment or spanking, you do not want to give an impression that violence solve problems >> the solution is to temporarily take away their privileges or cut their allowance or whatever you feel is appropriate. 6. The fact that you & the mother are no longer together should not be the reason you not in the picture >> use opportunities like their school activities or attend one of Dads In The Picture picnics. By Thabo Sthibla Mojapelo - Events Coordinator



A proud Dad, Neo M. Matsunyane shared his parenting experience with the readers of Bona Magazine

in their July '13 Edition! TRUELOVE



True Love Magazine featured an article on fathering looking with input from men. Four fathers of different backgrounds

The June

edition of

and ages were interviewed, including two of our active members Mongezi Mlenzana & Meshack Kekana!

Mail & Guardian Critical Thinking Forum: The organization was invited to take part in the debate on "Why is violence so widespread in SA." A debate aimed at bringing together government & public to find solutions!



EERSTERUST Community March & Fun Day - June 29th

As part of a public and government partnership, the residents of

Eersterust in the East of Tshwane took to the streets. The efforts of Pastor Klaasen and Mrs D. Fisher were rewarded by the turnout from locals and other interested organizations. As Dads in the Picture, we

wanted to show our support for those affected by DRUGS!

Upcoming events...

MBOMBELA

Sunday 28th July '13 **Nelspruit National Botanical Gardens, Nelspruit**

SOWETO

Sunday 25th August '13 Thokoza Park, Chris Hani Road, Rockville, Soweto

POLOKWANE

Sunday 14th September '13 Flora Park Dam, **Polokwane**

'cause every child needs a Dad

Efforts from members of Dads in the Picture have proved fruitful as we were offered another opportunity to reach out to the men. We were invited by SAfm for an interview on May 8th. An opportunity that the chairman used to introduce the organization to the listeners!

AUGUST NATIONAL TOUR in support of United Nation's **ENDING VIOLENCE AGAINST WOMEN AND GIRLS (EVAWG)**

Dads in the Picture are looking to make headway in an unprecedented manner. With the buildup to the national men's rally on the 24th August 2013, DITP is hoping to help mobilize the masses by undertaking a national tour launching its offices and being part of the **Brothers For Life & SANAC** Men's sector campaign. These are organizations that will also

be part of the campaign, setting up men's forums all over the country. All affiliated organizations will be working with the department of social development!



